



Cancer Screening Guidelines

Early Detection Saves Lives

7350 W. Deschutes Ave., Bldg. A • Kennewick, WA 99336
Telephone 509-783-9894

Cancer Screenings in our Community

Tri-Cities Cancer Center offers free community screenings throughout the year for breast, cervical, colon, prostate, and skin cancers. These screenings are often provided through partnerships with local organizations. Results from screenings are always followed up with by our staff.

To learn more about upcoming dates of our screenings, see our website Calendar of Events page or call our Resource Coordinator at (509) 737-3420.

Free cancer screenings would not be possible without the generosity of Tri-Cities Cancer Center Foundation donors. In 2008, we were able to screen 645 people for cancer.

For more information and for upcoming screening dates at the Tri-Cities Cancer Center, please contact:

Connie, Resource
Coordinator
509-737-3420

Cancer Related General Check-up

Men and women 20-40 should have a general cancer check-up every three years. Men and women 40+ should have a general cancer check-up annually. Check-up may include examination for cancers of thyroid, oral cavity, skin, lymph nodes, testes, and ovaries.

Colon and Rectum Cancers

Men and women 50+ should have a fecal occult blood test every year and follow one of these exam schedules:

Sigmoidoscopy every 5 years*

Double-contrast barium enema every 5 years*

Colonoscopy every 10 years*

*a digital rectal exam should be performed with each exam

Skin Cancer

Adult men and women should examine skin regularly and see a physician to evaluate new growths or changes in existing growths.

Breast Cancer

Women 40+ should have an annual mammogram, annual clinical breast exam performed by a physician, and monthly breast self-exam. Women 20-39 should have a clinical breast exam every 3 years and monthly breast self-exam.

Cervix and Uterus Cancers

Women 3 years after onset of sexual intercourse, but not later than age 21, should have an annual screening with regular Pap test.

Prostate Cancer

Men 50+ should have PSA blood test and digital rectal exam annually. Men with strong family history of prostate cancer or African-American men should begin at age 45.

Screenings at TCCC

- We offer **colorectal screening kits** year-round at no charge to our community. These kits are simple to use, clean, and can be done in the privacy of your own home. Screening kits can be picked up in Support Services office Monday through Friday from 8 a.m. – 5 p.m.
- Other screenings offered at the Cancer Center are for **breast, cervical, prostate and skin cancers**. For upcoming screening dates please contact Connie, Resource Coordinator at 509-737-3420.